

Småland

Southern Sweden



Combining the Fairtrade city of Malmö, a landscape of fishing villages, castles and historical towns, and a verdant countryside, the southernmost counties of Sweden have much to offer the discerning visitor. Explore by car, by rail and on foot - the choice is yours.



Beaches

Southern Sweden has over 400km of coastline - sandy beaches and rocky coves - which are a delight to discover at any time of year. Stenshuvud and Sandhammaren are considered, by many, the nicest beaches in the region.



The Sweden of your dreams

When you think about Sweden it is not unusual for images of red cottages, calm lakes, dense forests and scenic country roads to spring to mind. These pictures are a reality in the district of Småland.



Gastronomy

Good food is synonymous with Southern Sweden. Asparagus, strawberries, raspberries, potatoes, apples, cabbages and parsnips are all grown locally. Combine these ingredients with the local lamb, dairy products, goose, cured ham, suckling pork, freshwater fish and seafood and you are guaranteed a delicious feast.



Activities

Across the region are mile-upon-mile of marked trails which provide access to the diverse nature and culture. Cycling, kayaking, wildlife safaris, golf, snorkelling, abseiling and rib boat safaris are all available.

Note: Not all our accommodation is suitable for guests with reduced mobility. Please contact us to answer any questions you may have regarding our properties and to discuss their suitability for those with health conditions or impairments.

The cities of Southern Sweden

Charming cities line the coastline of Southern Sweden each with its own attractions, character and atmosphere. Stay a couple of nights and explore their compact centres on foot or combine as part of a longer holiday.

MJ Hotel, Malmö

With its preserved medieval character and vibrant atmosphere, Malmö, Sweden's third largest city is an ideal destination for a city break.

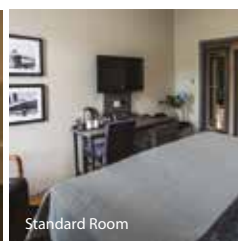
The MJ Hotel is located in the heart of Malmö; just a stone's throw from Lilla Torg, one of the city's most captivating squares. Built in 1990 and recently remodelled, the hotel offers spacious accommodation of the highest standard and a relaxed sophisticated environment. Its concept is to offer guests 'an urban oasis made by friends' and its interior design is plush and artistic.

This is more than a hotel, the MJ is also a popular spot for residents and its after work drinks and cocktail bar (serving light meals) are quickly becoming a local institution.

Accommodation: 69 rooms including standard, grand lit, superior and business rooms and junior suites.

- Airport: 30km Copenhagen Kastrup
- Bed & Breakfast
- City centre location
- Complimentary WiFi

Guide price from **£469 per person***



Grand Hotel, Helsingborg

The town of Helsingborg affords wonderful views across the Öresund strait to the Danish town of Helsingør. A maze of cobbled streets, boutique shops and the keep from a medieval castle dominate the centre of the town, whereas the waterfront and harbour boast lively bars and restaurants.

Housed in an opulent building in the heart of Helsingborg, overlooking the Stortorget (Central Square), is the Grand Hotel. Inside, modern interior design in the bedrooms combines with

charming period features - high vaulted ceilings and wooden panels – in the entrance hall, restaurant and bar.

Accommodation: 158 rooms including single, standard, superior and deluxe rooms and suites.

- Airport: 99km Copenhagen Kastrup
- Bed & Breakfast
- City centre location
- Complimentary WiFi
- Restaurant

Guide price from **£664 per person***

Clarion Collection Hotel Carlsrona Karlskrona

At every turn in Karlskrona impressive churches, former trading and custom houses, charming cottages and parkland can be enjoyed.

The Clarion Collection Hotel Carlsrona is located in the heart of the city overlooking the waterfront. It is a modern property that ingeniously captures the atmosphere and heritage of the city through the use of natural tones and colourful accessories. The result is a calming ambience perfect to relax in after a day of sightseeing.

Accommodation: 82 rooms including single rooms, standard rooms and superior rooms.

- Airport: 35km Ronneby / 237km Copenhagen Kastrup
- Bed & Breakfast
- City centre location
- Complimentary WiFi
- Light evening meal included

Guide price from **£755 per person***



* Guide prices for the MJ Hotel based on 2-sharing a standard room (3 nights), flights from London to Copenhagen Kastrup and a 24 hour Skånetrafiken Pass. For the Grand Hotel and Clarion Collection Hotel Carlsrona the guide price is based on 2-sharing a standard room (7 nights), flights from London to Copenhagen Kastrup and car hire (Group B). Single room supplement and regional flight departures on request.

The coastline

Whether windswept and peaceful or drenched in summer sun, the sandy beaches and rocky coastline of Southern Sweden is delightful. Scattered along the shoreline are charming fishing ports and medieval towns.

Gasslingen Hotel, Skanör

South of Malmö, on Sweden's southwestern tip, is one of the most desirable coastal destinations in the country and fondly known as the 'Swedish Riviera'. This is the mermaid-tail shaped Falsterbo peninsula where you will find the white sand beach and grassy dunes of Skanör, buzzy summer-harbours, golf courses and the medieval settlement of Falsterbo.

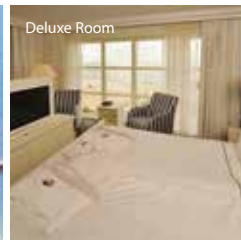
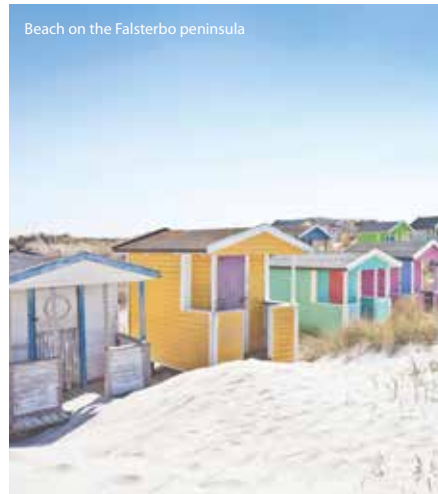
Gasslingen Hotel is a small hotel in the centre of Skanör and within walking distance of the town's beach. The guestrooms are decorated in a traditional style and there is a

restaurant, bar, outside terrace and swimming pool. A stay here is about being outdoors and enjoying the natural environment.

Accommodation: 29 rooms including single rooms and standard rooms and suites.

- Airport: 51km Copenhagen Kastrup
- Bed & Breakfast
- Coastal location
- Complimentary WiFi
- Restaurant
- Swimming pool (outdoor)

Guide price from **£1,035 per person***



Ystad Saltsjöbad, Ystad

Bordered by a glorious, long sandy beach, Ystad Saltsjöbad enjoys a peaceful situation on the outskirts of the town of Ystad.

Owner-managed this four-star hotel has been tastefully decorated throughout with attention to detail apparent. At the heart of the property is an expansive spa - the best we've seen in Sweden.

An outdoor swimming pool, hot tubs, a sun terrace and a choice of excellent restaurants complete the scene.

Accommodation: 139 rooms including standard, superior, superior family and deluxe rooms, junior suites and a suite.

- Airport: 95km Copenhagen Kastrup
- Bed & Breakfast
- Coastal location
- Complimentary WiFi
- Restaurant
- Spa facilities
- Swimming pool (indoor and outdoor)

Guide price from **£990 per person***

Idala Gard, Trelleborg

Idala Gard is a traditional Swedish farm located in southwestern Skåne, a short drive from the coastal town of Trelleborg.

Accommodation here is set around a cobbled courtyard and surrounding it a luscious garden. The main building and annexes have been remodelled to offer comfortable guest accommodation and the interior design tastefully displays the rural heritage of the farm through the use of classical pieces of furniture. It appears that each generation has stamped its own mark; the result is a truly delightful agritourism.

Food is of the utmost importance at Idada Gard with locally sourced, seasonal produce served.

Accommodation: 18 rooms including standard, superior and family rooms divided between the main building and an annexe.

- Airport: 57km Copenhagen Kastrup
- Bed & Breakfast
- Complimentary WiFi
- Half Board recommended
- Rural location
- Swimming pool (outdoor)

Guide price from **£1,040 per person***



* Guide prices based on 2-sharing a standard room (7 nights), flights from London to Copenhagen Kastrup and car hire (Group B). Single room supplement and regional flight departures on request.

The countryside of Southern Sweden

The arrival of spring is accompanied by new life and the aroma and beauty of wildflowers. During summer the lush rolling hills of Southern Sweden are transformed by yellow rape and apple blossoms. The autumn brings the harvest, which sees apples and asparagus collected in bountiful supply. The vibrant colours of this region whatever the season are guaranteed to excite any visitor.

Hestraviken, Hestra

A favourite of the Sunvil team and our clients, Hestraviken offers modern accommodation in a countryside setting, just 90 minutes' drive from Gothenburg. Set along the shores of the River Nissan the property offers an excellent standard of accommodation and uses contemporary designs to allow its natural surroundings and natural light to flood into the rooms.

The kitchen is the heart of Hestraviken, serving a sumptuous organic breakfast

and evening meals designed around the region's own pantry.

Accommodation: 40 rooms, divided between the main hotel building and independent cottages, including standard and deluxe rooms, junior suites and suites.

- Airport: 110km Gothenburg Landvetter
- Bed & Breakfast
- Complimentary WiFi
- Rural location
- Swimming pool (outdoor)

Guide price from **£969 per person***



Standard room

Möckelsnäs Herrgård, Diö (Älmhult)

There are few places in Sweden, that we have discovered, that are as idyllically situated as Möckelsnäs Herrgård. On the shores of Lake Möckeln and backed by forests and Kronan Nature Reserve, this characterful manor house is the perfect choice for those wishing to relax amidst a calm and unspoiled environment.

Owner-managed by Marina and Edwin, the accommodation offered is simple but the level of service and quality of food elevates the property to its 3+ star status.

Walking, birdwatching and wild swimming are popular past-times for guests.

Accommodation: 46 rooms including single, standard, family and superior rooms.

- Airport: 186km Copenhagen Kastrup / 229km Gothenburg Landvetter
- Bed & Breakfast
- Complimentary WiFi
- Rural location
- Restaurant

Guide price from **£937 per person***

Kosta Lodge, Kosta

Kosta Lodge prides itself as being the basecamp of Småland, surrounded by nature and close to the region's famous glassworks. The desire is to provide comfortable accommodation where the guests can embrace the calm of the surroundings and feel at home. The grounds include two artificial lakes, lawns, trails and an outdoor swimming pool, and as such attract families in the summer months.

If you think about Sweden images of forests, lakes and idyllically-situated, red wooden houses are likely to spring

to mind. This is Småland. Explore the region on foot, by bike, by canoe or by touring with your car, the choice is yours.

Accommodation: 26 standard rooms and 13 newly built cabins.

- Airport: 67km Kalmar / 268km Copenhagen Kastrup
- Bed & Breakfast
- Rural location
- Swimming pool (outdoor)

Guide price from **£1,035 per person***



* Guide prices based on 2-sharing a standard room (7 nights), flights from London to Copenhagen Kastrup and car hire (Group B). Single room supplement and regional flight departures on request.



Price includes

- Return flights to Copenhagen Kastrup airport
- 4 nights at the MJ Hotel, Malmö (Bed & Breakfast)
- 72 hour Skånetrafiken Pass
- Single room supplement on request

Departures

Daily

Duration

4 nights

Guide price based

on 2-sharing from
£590 per person

Malmö



A short break in Malmö

Opportunity to visit Ystad and Copenhagen

Itinerary: 5 days / 4 nights

The Öresund Bridge connects Skåne, Sweden's southernmost region, to Denmark. Opened in 2000, this 8km structure is the longest road and rail bridge in Europe and its construction has cemented a relationship between these two countries. In fact the bridge is commonly known as Oresundbron, a name created through a combination of the two languages.

Day One: On arrival at Copenhagen Kastrup airport take the train across the Öresund Bridge to Sweden's third largest city, Malmö (c.21 minutes - payable locally). On arrival in Malmö, self-transfer to the MJ Hotel. Overnight at the MJ Hotel in Malmö (page 19).

Day Two: Day at leisure. The MJ Hotel is located in the heart of Malmö, a short walk from the central squares of Lilla Torg, Stortorget and Gustav Adolfs Torg along with many of the city's cultural and historical sights. Attractions worthy of a visit

include St Peter's Church, built in 1319 and with the largest wooden altar in Europe; the Form Design Centre, which showcases exhibitions on architecture, design, industrial design and handicraft; the Moderna Museet; Malmöhus Castle; the Turning Torso and Folkets Park.

To explore the gastronomic delights and the multinational dimension of Malmö we would recommend a trip to the open-air market at Möllevangstorget. Here, it is possible to buy produce from over 174 countries. Overnight at the MJ Hotel in Malmö.

Day Three: The city of Copenhagen is to be experienced as much as it is to be seen. Today, take the direct train from Malmö to the centre of the Danish capital (c.35 minutes - payable locally) and uncover the history, culture and activities on offer.

With time of the essence, we recommend focusing your attention on the inner city (Indre By) starting at the colourful harbour of Nyhavn, Amalienborg

Palace, the Little Mermaid and the waterfront promenade. From here head to Nørrebro, one of the coolest districts in Copenhagen.

At the end of your day in Copenhagen, return to Malmö by train. Overnight at the MJ Hotel in Malmö.

Day Four: Day at leisure. Famed as being the base for Henning Mankell's fictional detective Kurt Wallander, and for its medieval atmosphere, the town of Ystad lies on the southern coastline of Skåne and is a recommended day excursion from Malmö (covered by your Skånetrafiken Pass). Ystad boasts cobbled streets, half-timbered houses as well as Cineteket, where you can read film scripts including those from the Wallander series.

Return to Malmö and overnight at the MJ Hotel.

Day Five: After breakfast, transfer by train to Copenhagen Kastrup airport for your return flight to the UK.

The freedom of the open road in Southern Sweden

Itinerary: 15 days / 14 nights

As you journey south from Stockholm along the Baltic coastline towards Malmö it is hard not to be captivated by the natural beauty of the country. Here you'll find lush rolling hills, lakes which just call for you to dive in, charming fishing ports, island archipelagos, the natural park of Stenshuvud, medieval towns and historical sites; of which Borgholm, Karlskrona, Ystad and the Megalithic monument of Ales Stenar are highlights.

This is a region bursting with colour and is a hive of activity all year-round.

Day One: On arrival at Stockholm Arlanda airport, you will be transferred to the Victory Hotel in the historic centre of Stockholm. Overnight at the Victory Hotel in Stockholm (page 13).

Days Two and Three: Days at leisure in Stockholm. Stockholm is one of the most crowded museum-cities in the world. Overnight at the Victory Hotel in Stockholm.

Day Four: Collect your hire car and drive to the coastal town of Trosa. Your drive will take you into the rural region of Sörmland. Overnight at the Trosa Stadshotell and Spa in Trosa (page 14).

Day Five: Free time in Trosa. Take a gentle stroll along the town's canals and visit its small handicraft shops. Alternatively, use your car to visit one of the region's Manor Houses and castles. Overnight at the Trosa Stadshotell and Spa in Trosa.

Day Six: Today, continue your journey southwards and to the district of Småland, a land of rich countryside, an abundance of lakes and home to Sweden's southernmost National Park. Overnight at Kosta Lodge in Kosta (page 21).

Day Seven: Day at leisure in Småland. Opportunity to visit the region's glasswork factory, the oldest in the country, and the historic town of Kalmar. Overnight at Kosta Lodge in Kosta.

Day Eight: From one historical town to another. Your destination today, is the UNESCO World Heritage city of Karlskrona in Sweden's southernmost archipelago. Overnight at the Clarion Collection Hotel Carlskrona in Karlskrona (page 19).

Day Nine: Free time in Karlskrona. Opportunity to visit attractions such as the Aurora Bastion and sites of naval importance. During the summer months archipelago excursions are on offer. Overnight at the Clarion Collection Hotel Carlskrona in Karlskrona.

Day Ten: Follow the south coast of Sweden on your way to Ystad. The fishing village of Simrishamn and the village of Kivik – the centre of the apples and cider region – are worthy of a stop en route. Overnight at Ystad Saltsjöbad in Ystad (page 20).

Day Eleven: Spend the day on the beach or wander around the cobbled streets of Ystad, the choice is yours. Overnight at Ystad Saltsjöbad in Ystad.

Days Twelve, Thirteen and Fourteen: The mermaid-shaped peninsula is your final destination on your holiday. The peninsula marks the far southwestern tip of Sweden and is often referred to as the Swedish Riviera. You will spend three nights here. Overnight at Gasslingen Hotel in Skanör (page 20).

Day Fifteen: After breakfast, return your car to Malmö and take the train to Copenhagen Kastrup airport.

Price includes

- Flights to Stockholm Arlanda, returning from Copenhagen Kastrup
- 3 nights at the Victory Hotel, Stockholm (Bed & Breakfast)
- 2 nights at the Trosa Stadshotell and Spa, Trosa (Bed & Breakfast)
- 2 nights at Kosta Lodge, Kosta (Bed & Breakfast)
- 2 nights at the Clarion Collection Hotel Carlskrona, Karlskrona (Bed & Breakfast)
- 2 nights at Ystad Saltsjöbad in Ystad (Bed & Breakfast)
- 3 nights at Gasslingen Hotel in Skanör (Bed & Breakfast)
- Transfer on arrival
- 12 days car hire (Group B)
- Single room supplement on request

Departures

Daily

Duration

14 nights

Guide price based on 2-sharing from

£1,709 per person





Skanör



Malmö

Price includes

- Return flights to Copenhagen Kastrup airport
- 4 nights at the Elite Plaza Hotel, Malmö (Bed & Breakfast). Please visit our website.
- 3 nights at Gasslingen Hotel, Skanör (Bed & Breakfast)
- 4 days car hire (Group B)
- 72 hour Skånetrafiken Pass
- Single room supplement on request

Departures

Daily

Duration

7 nights

Guide price based on 2-sharing from £926 per person

Malmö and the Swedish Riviera

Itinerary: 8 days / 7 nights

In the southwestern corner of Sweden is a remarkable peninsula with beaches of white sand, reminiscent of that of the Hamptons. This is the Swedish Riviera, a destination of pastel-painted beach huts, miles of shoreline, long piers, tree-shaded lanes and the relaxed coastal towns of Falsterbo and Skanör. The perfect destination for a Scandinavian summer holiday.

One hour north of the Riviera is Malmö, a youthful and forward-looking city that prides itself on its natural spaces, fair trade status, art scene and gastronomic experiences. Malmö is the gateway to southern Sweden and is connected to the Danish capital, Copenhagen, by the Öresund Bridge.

Combine culture and the coast on this seven night, twin-centre, itinerary.

Day One: On arrival at Copenhagen Kastrup airport take the train across the Öresund Bridge to the city of Malmö (c.21 minutes - payable locally). On arrival in Malmö, self transfer to the centrally located Elite

Plaza Hotel. Overnight at the Elite Plaza Hotel.

Day Two: Day at leisure. Malmö is conveniently compact and easily explored on foot. We would recommend starting your tour of the city with a 50 minute Paddan cruise along the city's canals. With guided commentary on board, you will pass-by parks, the harbour and Malmöhus Castle; it is a great way to orientate yourself.

Sites are aplenty in Malmö - the Kings Park, the Technology and Maritime Museum, St Peter's Church, the Turning Torso, the squares of Gustav Adolf, Lilla Torg and Stortorget and the beach of Ribersborg to name but a few. Overnight at the Elite Plaza Hotel.

Day Three: Sunvil includes a Skånetrafiken Pass with all stays in Malmö. The pass provides you with complimentary travel on public transport in the region and as such 'Skåne is your oyster'.

Day Four: After breakfast, collect your hire car from Malmö's central depot and take a leisurely drive to the Falsterbo peninsula (33km). Your destination is the Gasslingen Hotel in Skanör. This locally-owned hotel has been recently renovated and offers comfortable guest accommodation

and an outdoor swimming pool. Overnight at the Gasslingen Hotel in Skanör (page 20).

Days Five, Six and Seven: Free time on the Swedish Riviera. Time to relax and enjoy the summer holiday vibe. There are miles of beaches including those in Skanör, Falsterbo, Kämpinge and Ljunghusen to enjoy; a pleasant, waterfront visitor centre and the Måkläppen nature reserve to visit. For a fix of culture head to the Foteviken Viking Museum and the Viking Fortress of Trelleborg.

Skåne is not a large region (120km wide) and as such it is possible to visit the eastern coast of the region within a day trip. Coastal villages of Simrishamn, Skillenge and Sandhammaren are worthy of a visit, as is the Kivik Musteri and the region's fabulous farm shops and smokehouses. Overnight at the Gasslingen Hotel in Skanör.

Day Eight: After breakfast, drive to Malmö where you will return your hire car before taking the train to Copenhagen Kastrup airport (payable locally) for your return flight to the UK.

A tour of the Swedish lake district

Itinerary: 8 days / 7 nights

From glistening lakes, meadows, dense forests, a National Park and an undeveloped coastline, to quaint rural hamlets and historical settlements, there is much to recommend Småland as the perfect choice for a Scandinavian touring holiday.

Day One: On arrival at Gothenburg Landvetter airport collect your hire car and drive to Möckelsnäs Herrgård. As soon as you leave the outskirts of Gothenburg, the landscape changes and you can feel the pace of life slow. Nature takes over and calm envelopes. Take your time, stopping en route to take in your surroundings. Overnight at Möckelsnäs Herrgård in Diö (page 21).

Day Two: Free time around Lake Möckeln in the southern district of Småland. This is a destination for nature lovers and outdoor enthusiasts with activities such as cycling, canoeing, horse-riding, fishing, wild swimming and hiking available in abundance.

Within striking distance of your hotel is the IKEA museum in Älmhult (guided tours available daily in July and August). The museum details the origins

and concept of this world-famous, Swedish brand as well as reflecting on the history of furniture making in Småland, an industry for which this region is renowned. Overnight at Möckelsnäs Herrgård in Diö.

Day Three: Today, you will drive to Kosta in the northeastern district of the lakes. En route stop at Växjö on the shores of Helgasjön lake, Lake Växjö and Lake Trummen, considered one of the greenest towns in Europe.

Glass has been manufactured in Småland since 1742 and is an important part of Sweden's cultural heritage. Växjö is located in the heart of the 'Kingdom of Glass' and is home to the Swedish Glass Museum. The museum houses around 40,000 items of glassware and is worthy of a visit. Overnight at Kosta Lodge in Kosta (page 21).

Day Four: Day at leisure. Why not head to the coast and explore east Sweden's sandy beaches and island archipelago? The historical, waterside town of Kalmar has a relaxed atmosphere and is perfect for a gentle amble. If you wish to venture further afield cross the bridge from Kalmar to the island

of Öland, the smallest province in Sweden and a renowned summer paradise. Overnight at Kosta Lodge in Kosta.

Day Five: Your destination today is Hestra on the shores of the River Nissan. Detour via the town of Jönköping on Lake Vättern, Europe's sixth largest lake. Overnight at Hestraviken in Hestra (page 21).

Days Six and Seven: Hestraviken is a destination in its own right, offering guests a getaway in the forests. You cannot help but to unwind here. Take a walk through the trees and forage for berries and mushrooms; hire a bicycle or canoe and explore the peaceful waterways and use the hotel's swimming pool (summer months) or try wild swimming. Nearby is Isaberg GK's 36 hole golf course and the Store Mosse National Park. Overnight at Hestraviken in Hestra.

Day Eight: After breakfast, drive to Gothenburg Landvetter airport for your return flight to the UK.

Price includes

- Return flights to Gothenburg Landvetter airport
- 2 nights at Möckelsnäs Herrgård, Diö (Bed & Breakfast)
- 2 nights at Kosta Lodge, Kosta (Bed & Breakfast)
- 3 nights at Hestraviken, Hestra (Bed & Breakfast)
- 8 days car hire (Group B)
- Single room supplement on request

Departures

Daily

Duration

7 nights

Guide price based on 2-sharing from

£1,066 per person



Högsby, Småland